Reflection Questions

Video 1

What did you hope to get out of this retreat?

What do you think God is calling you to during this time?

Video 2

Reflect on how you live your spiritual life (e.g., daily prayer, regular reception of the sacraments). How can you go deeper?

Do you have "spiritual conversations" with other Christians? Are those kinds of conversations hard or easy for you? Why?

Video 3

Do you believe you have a mission?

Reflect on where and how in your life you can live your mission.

Please share your thoughts with us in the comments section of the Retreat page.